

LUNCH MENU

v = vegetarian gf = gluten free

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Week 1</u> Mon 22 nd April Mon 6 th May Mon 20 th May Mon 10 th June Mon 24 th June Mon 8 th July Mon 22 nd July	Pasta Italienne (gf pasta available on request) *	Southern Fried Chicken *	Pork Sausages (gf)/ Veg sausage (v) Cheese & Onion Quiche (v) *	Spaghetti Bolognaise Cheesy Pasta (v) (gf pasta available on request) *	Fish Fingers/Salmon Fish Fingers *
	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *
	Cheese or Ham Sandwich ~	Cheese or Ham Sandwich ~	Cheese or Tuna Sandwich ~	Cheese or Tuna Sandwich ~	Cheese Sandwich ~
	Seasonal vegetables ~	Wedges Beans or Seasonal veg ~	Creamed potatoes Seasonal vegetables & gravy ~	Seasonal vegetables ~	Chips Beans ~
	Shortbread Finger *	Chocolate Penny Biscuit *	Pineapple Sponge Cake *	Ice Cream & Summer Fruit Coulis *	Chocolate Crunch Finger *
	Organic Yoghurt *	Organic Yoghurt *	Organic Yoghurt *	Organic Yoghurt *	Organic Yoghurt *
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
<u>Week 2</u> Mon 29 th April Mon 13 th May Mon 17 th June Mon 1 st July Mon 15 th July	Ravioli Cheesy Pasta (v) (gf pasta available on request) *	Homemade Pizza (v) (gf base on request) *	Roast Chicken (gf)/Quorn Chicken Cheese & Onion Quiche (v) *	Hunters Chicken *	Fish Star Veggie Sausage Roll (v) *
	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *	Jacket Potato with a choice of filling (gf) *
	Cheese or Ham Sandwich ~	Cheese or Ham Sandwich ~	Cheese or Tuna Sandwich ~	Cheese or Tuna Sandwich ~	Cheese Sandwich ~
	Cheese or Ham Sandwich ~	Wedges Beans ~	Roast Potatoes Carrots, peas & gravy ~	Rice Seasonal vegetables ~	Chips Beans ~
	Seasonal vegetables ~	Summer Fruit Flapjack *	Vanilla Sponge Cake *	Melting Moment *	Chocolate Crunch Finger *
	Shortbread Finger *	Organic Yoghurt *	Organic Yoghurt *	Organic Yoghurt *	Organic Yoghurt *
	Organic Yoghurt *	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Fresh Fruit Platter				

Fresh meat is supplied by local butchers Quality Cuts of SANDBACH, Litters of Northwich and Barrows of Bollington. All butchers meat is farm assured, we use free range pork and organic beef products. 75% of dishes are homemade – these dishes are freshly prepared and cooked on site by the catering team. Potatoes, vegetables and salad items are sourced locally when in season. Bread, milk and cheese are sourced from within the Northwest.

We use Organic milk, Organic Yoghurts and Organic Mornflake Oats.